Co-operative Education (Co-op) is a learning approach that provides a structured method for bridging academic learning with practical experiences in the workplace. SFU Co-op integrates blended and flexible approaches to support the teaching and learning of students. The goals of the SFU Co-op Program are to provide students with the knowledge, skills, and tools they require for workplace preparation, workplace learning, and transitions to professional opportunities.

“Co-op allowed me to prepare myself for a career after university. Through Co-op, I was able to get a real sense of what a job is like upon graduation and to explore different career options with the support of Co-op advisors.”

- Miguel Haf, Business Co-op Student

“I have gained new networks of friends and a stronger engagement with my community between staff, school, and employers that continue to lead me towards new opportunities, growing personally and professionally, every day.”

- Janice Cheng, Communication Co-op Student

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10,000 Employers

40+ Years

4,000 Annual Work Terms

8 Faculties

6 Continents

> Adidas
> BlackBerry
> Facebook
> Google
> StemCell
> Tesla

Top Countries
> China
> United States
> Hong Kong
> South Korea

Some of Our Employers

10,000
40+
8
6
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